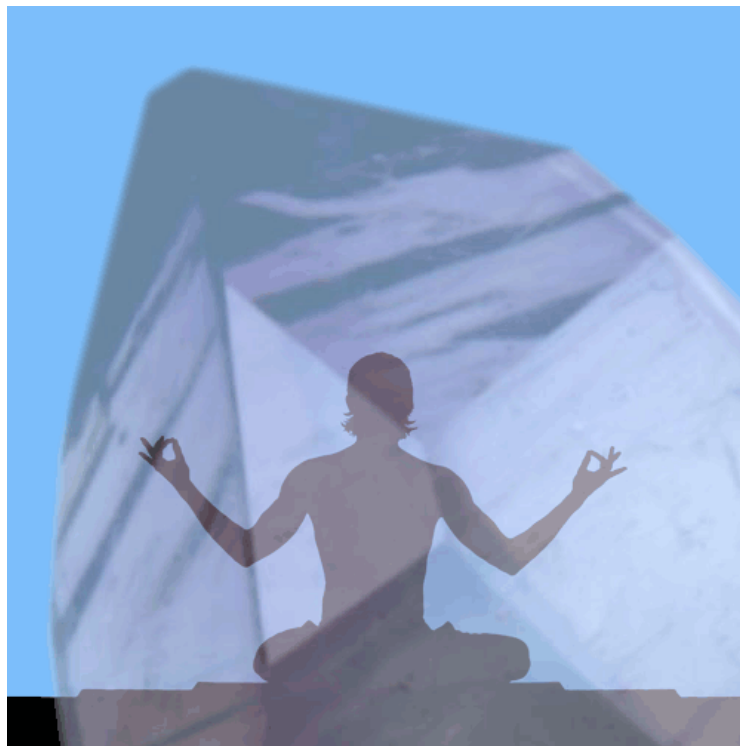


HENRY MASON

Preparing Crystals

**Your Guide To Cleaning,
Spiritually Cleansing, Awakening,
Focusing, and Charging Crystals**



*The energy is in the crystal! But **preparation** is the key to success! The knowledge you need is here.
Get started right!*

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ON YOUR CRYSTAL JOURNEY ...

Preparation will ensure your success EVERY TIME

Crystals do not come “ready to use.” Crystals need to be prepared for use. Preparation gets a crystal ready to focus and amplify the Universal Life Force for some purpose.

This Guide | A Path to Preparing Crystals



This guide is an explanation of the ways to clean, spiritually cleanse, charge, awaken, and align a crystal for use. While there are a variety of methods discussed, be aware that, in the end, this is a personal choice. This is not a recipe book. It is a guide. You choose your own path in life and with your crystals; we at the Crystal Vaults offer you this guide to get you started right on that path.



You need this guide if:

- You use crystals in healing
- You use crystals in meditation
- You use crystals for Feng Shui
- You use crystals in honoring gods or goddesses

- 🕒 You use crystals as Talismans
- 🕒 You use crystals as Amulets
- 🕒 You use crystals in Divination...

Ok, you get the idea...if you use crystals, this guide can help you do it better.

Hello...



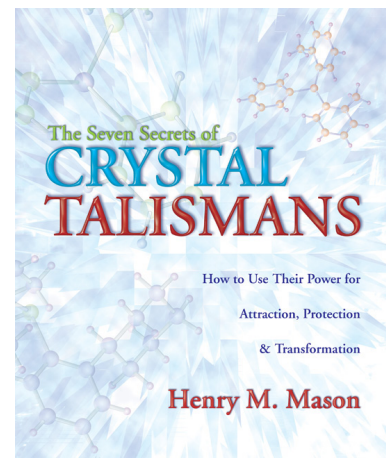
I am Henry Mason. I am a Graduate Gemologist, and New Age author for Llewellyn Worldwide. I have spent many years researching, studying, buying, selling, collecting, and loving crystals.

In that time, I have discovered many secrets to crystals and their uses.

Some are

revealed in "[The Seven Secrets of Crystal Talismans](#)." That book explains how each crystal gets its unique energy and power.

The book took years of research, but the secrets it reveals were worth the time. The hidden powers of crystals to amplify and focus the Universal Life Force are finally understood.



In this guide I have some different secrets for you. In this guide, I'm going to share with you the secrets of success in getting started right with every crystal.

Some of what you read in this guide, you might have heard about or read somewhere before. Excellent. This guide is based on extensive research.

Some techniques are well known and effective. I also expect that some of what you will learn here will be new to you. That is good, too.

...the methods explained here have worked tremendously well for many other people. And better...they have worked where many other methods have failed.

And, of course, some of what you read here will be in conflict with what you believe or what you have learned from others. Well, expect that too.

You see ...this guide is not the end-all and be-all of preparing crystals.

It doesn't purport to be the final authority. But, the methods explained here have worked tremendously well for many others.

And better... they have worked where many others have failed.



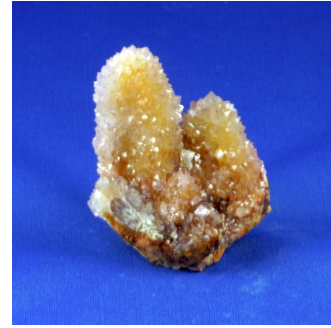
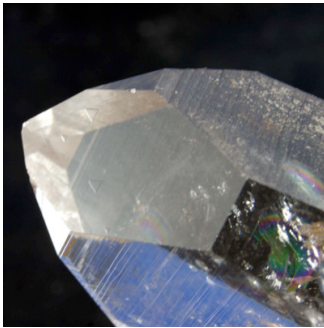
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The techniques in this guide are not infallible either. But, put simply – if you are reading this to get more information about preparing and using crystals... and cannot possibly spend all the time needed to collect all the available information together, or you don't want spend a fortune on a collection of books – **this is an excellent place to begin.**

.....

Every crystal user wants to get the very most from their crystals. They are expensive, and difficult to acquire.

Using them seems such an easy way of improving ones life in a meaningful way.



And the potential seems boundless – crystals are certainly powerful and excellent conduits and amplifiers of the Universal Life Force.

There seems no reason why everybody shouldn't succeed beyond belief in gaining the wisdom, peace, security, and the blessings that they can bring to life. But they don't.

But you will not fail. You are going to master crystal preparation. **You will be able to clean, spiritually cleanse, charge, awaken, and align a crystal.**

And you will know how to do it right - every time!

Crystal Preparation | 5 Steps to Success


You are going to learn how to:

- 🌀 Clean a Crystal
- 🌀 Spiritually Cleanse a Crystal
- 🌀 Charge and Recharge a Crystal
- 🌀 Awaken the Spirit of a Crystal
- 🌀 Align, Dedicate, and Program a Crystal


And you will learn each step in an easy to follow guide that will:

- 🌀 Explain each step clearly
- 🌀 Give examples,
- 🌀 Show pictures, and
- 🌀 Provide the reasons for success.

If you have not been introduced to smudging, please keep reading. Mankind has a long association with the spirits of the plant world. We are keenly aware of the many benefits they bring us. Some plant spirits bless us as they transition from an earthly realm back to the spirit world. These blessings are excellent for removing the negative energies from crystals and restoring them to natural balance. The use of the fire element allows these spirits to transition, and in that transitional state when the spirit is in the smoke, the blessings can be bestowed on the crystals just as they can be given to a person or place.



The Native Americans have given us the knowledge of the blessings of the Desert Sage, the White Sage, the Cedar, the Sweetgrass, and the Lavender. While there are many other herbs and plants that are used in smudging, these five have the necessary spirit for cleansing, purifying, and in the case of Lavender, bringing the loving essence of the Universal Life Force to a crystal.



The Crystal Kingdom | We Begin Here



The crystal kingdom offers us a sometimes-bewildering array of crystals with a wide variety of spiritual energy and healing properties.

Prepared properly, crystals help us accomplish amazing things.

Crystals can guide us, protect us, teach us, help us communicate, improve our spiritual well being, and occasionally just make us feel good about being alive.

But to do so, they need to be made ready for use.

A dull, old, spent healing crystal isn't going to help anyone.

A crystal that has been surrounded by negative energy will be a poor conduit of the Life Force when you need it.

A crystal spirit that is unaware of you or your desires is ill suited to serve as a talisman when you need protection.

You must know and understand how to get the best out of your crystals.

And, I know, you want to be sure you can do it easily, and be assured you are doing it right...and you have likely read a few authors that have given you a variety of ways to clean and prepare a crystals and some of them conflict. Well...

Many practitioners prepare their crystals in different ways depending on the crystal and its intended uses.

NOTE

Some authors will tell you to soak a crystal in salt water for a day to clean it. Others say to pack it in salt crystals to purify it. Some suggest the light of the moon to dedicate it, but only a few even think about awakening a crystal spirit. And as for clearing, recharging and dedicating, well there is a lot of confusion out there.

This can make the process seem complicated...and it can be if you blunder in without understanding why something is needed. This guide explains:

WHAT to do

- **WHAT to expect,**
 - **WHERE to accomplish a task or step,**
 - **WHEN exactly to perform an action,**
 - **and...most important...**
 - **WHY you are doing what you are doing.**
- OK, you caught me... I left out WHO – but that’s you. Remember where we started...This is your path to success with crystals ... and so lets begin.

The Guide | The Outline



Crystals and Crystal Clusters need to be cleaned, spiritually cleansed, charged, awakened, and aligned. Each of these steps is essential to getting the most from the crystal in your life.

Just like you, crystals need basic care. Crystals need to be cleaned, cleansed, charged, awakened, focused, and occasionally recharged to work effectively.

This guide will explain what is needed.

Now you might be saying, wait a moment, what about “clearing a crystal”?

Or, “are you going to discuss crystal dedication”?

Or, you might be wondering if we are going to discuss “crystal alignment.”


Well...yes, we will address all of these topics.


You see some of these are just other names for some of the steps; some are subtle variations. These concepts will be covered where they fit.


Actually Crystal Clearing is the same as Spiritual Cleansing – our second key step.


Crystal Dedication and Crystal Alignment are both special cases of Focusing a Crystal – our fourth key step.


This guide then is organized into the following five key steps to preparing a crystal:

 **Physical cleaning** of crystals is often needed when the crystals have been handled or are new. While heavy cleaning is an industrial process of removing clay and other elements, light cleaning is usually done with water or a soft brush or cloth. This process cleans the outside of a crystal of accumulated contaminants.

 **Spiritual Cleansing** is the process of using the natural elements (air, earth, fire, and water) energy to balance the spiritual energy within the crystal. This is also known as Spiritual Clearing a crystal, and sometimes called Crystal Purification. This process removes excess negative energy from the crystal.

 Aligned crystals need to be charged. Crystals are charged by sunlight. **Charging** a crystal is the process of replenishing its Life Force energy.

 Many believe that crystals have an internal spirit that needs to be contacted in order to effect any interaction of the crystal and your purpose. The process of getting the attention of a crystal spirit is called **Crystal Awakening**. It is accomplished by using sound waves.

 Awakened crystals must be focused. This is the process of **Crystal Alignment, Crystal Dedication or Crystal Programming**. This process needs the cool, introspective light of the moon.

We are going to examine each of these needs in turn, explaining step by step how to clean, cleanse, awaken, align, and charge your crystals.

Lets start with Physical Cleaning... on to STEP 1...

STEP 1

PHYSICAL CLEANING | INTRODUCTION

Crystals need to be cleaned when you first find or purchase them. If they are found in nature, you may have some heavy cleaning to do to remove debris, other minerals, and caked on dirt.

But, as is the case for many of us, if you receive your crystals from dealers or other users, you will usually just have some light cleaning and polishing to do.

NOTE

Now, this guide isn't really about cleaning crystals and minerals as if they were just found in a mine or on a collecting expedition. Such crystals will often need heavy cleaning to remove clay or other minerals. This often involves the use of solvents and acids. Such specialized cleaning is beyond this guide (or it would be a book!) However, not to leave you in the lurch, we can point you to some good information.

For heavy cleaning of quartz, www.arcrytalmine.com offers good clear instructions. For cleaning other minerals, you will need a much more specialized guide than this. John Betts, a noted mineral dealer, has an [excellent guide for beginners](#).

But.... normally, only light cleaning is needed for crystals that are purchased from rock shops and dealers. The crystal or crystal cluster will have had the clay and any iron oxide or other coating removed, then the crystals will have been cleaned with water if they are not water soluble.

However, they will likely still have dust, dirt, and oil from transportation, storage, and handling.

Some users suggest soaking a crystal for 24 hours or more. There is no harm in such a practice. For those that feel that this much time is needed, by all means soak them for that long or more.

Physically Cleaning Crystals | Light Cleaning

There are two basic ways to lightly clean crystals, rocks, and crystal clusters – using water, or finding a dry method for those crystals that might be harmed by water.

Light cleaning of crystals, crystal clusters, rocks, and gems is usually done with water. However there are a few important exceptions. Some minerals can be damaged by water so another cleaning method is needed sometimes.

Light Cleaning | Water Method



Some Minerals will dissolve in water
.....so care is needed

As we just mentioned, most crystals are cleaned with water.

However, a little care is required when cleaning crystals with water.

First just use distilled water, no use getting white mineral deposits on your crystal from any minerals in the water. Also, be aware that Halite, Hanksite, and Borax in particular, will quickly dissolve in water. A few other minerals, notably fluorite and gypsum will dissolve slowly, but can be quickly cleaned in water with no ill effects, but should not be soaked for hours.

TIP

If you are just cleaning quartz crystals, dont worry, water is fine. But if you have some unusual crystal, check out this list of the water soluble minerals.

Any crystals of these minerals should not be placed in water. Here is John Betts' [list of water soluble minerals](#).

If you examine this list you will not recognize too many. Most common crystals can be safely cleaned with water. So, for most crystals and rocks, a few minutes exposure to pure water will do no harm.

Light Cleaning | Crystal Clusters



Quartz crystal clusters can be cleaned with water, if the entire cluster is quartz or quartz and sandstone. Most quartz clusters have been cleaned at the mine, and the cleaning process removed water-soluble material.

Pure quartz clusters can be placed in a stream of running water, or placed in a container of water with no ill effects.

Crystal clusters that are not pure quartz, for example a cluster of garnets on matrix, should not be cleaned with water. The matrix may well contain some water soluble material. If you get it wet, the specimen could fall apart.



.....

We recommend that you do not use water on any crystal cluster other than one of pure quartz.

.....

Light Cleaning | Polished Rocks and Crystals



Polished rocks, faceted gemstones, and cabochons have all been through a process of polishing and grinding that includes the use of water.

Therefore the finished product is safely cleaned with water.

Light Cleaning | Water Cleaning Process

To clean a crystal, cluster, or polished rock or cabochon with water, you have a couple of choices.

The first is to soak the crystal in a container of pure distilled water. You don't have to use distilled water if you have soft water.



What you want to avoid is the deposit of calcium or other minerals onto your crystal. For light cleaning a few minutes soaking is all that is required.

A second, and to our mind, better approach is to use running water.



You have a lot of choices, but the process should only take a few minutes. Just let the water run over the crystal while you lightly rub the surface. You are just trying to get off the dust and grease that might have accumulated.

If you do feel the surface is greasy, some mild dish soap should be used. Only a small drop is needed. Rub it on the crystal.

After a few minutes or so the crystal should feel smooth and clean.

When you are finished cleaning the crystal, then dry it well. If you can dry the crystal or cluster with a clean cloth do so.

If not, dry it indoors or in the shade. **Do not place it in the sun to dry.**

Some crystals can break from heat.

Prolonged exposure to the heat of the sun will not do your crystal any good either. Some minerals fade in direct sunlight, so it is best to simply avoid the possibility.

An exception can be made for clear quartz crystals and clusters. For the



A natural, bright, but shady area rich in the Life Force is an excellent place to air dry a crystal.

most part, direct sun will do them no harm.

Other crystals however, can crack, break, or fade in direct sun. Protect them.

We do need to talk about salt water. You might read about using sea salt, or table salt to clean a crystal. Well, be aware that sea salt is a combination of dissolved minerals in water. If you feel you need to use salt water, please do so carefully. You don't need to etch your crystal or have some other chemical effect. **Quartz crystals seem to suffer no harm from salt water, but we recommend pure water for all others.**



The ocean has great strength and power. Its waters are rich in the life force. However, it isn't the best liquid for cleaning the exterior of a crystal.

Light Cleaning | **Waterless Cleaning Process**

The second method to clean a crystal is to wipe it with a cloth or if it is just dusty, dust it with a feather. This actually works well for most crystals. Unless your crystal has a lot of oil from handling, simple dusting or wiping with a soft cloth will clean it quickly.

If the crystal has oil from being handled, the best method is to clean it with special eyeglass cleaning cloths or with gem polishing cloths. Any jewelry store will have them. Again, be careful. **If the hardness is less than 7, the dust in the air or on a cloth will scratch a crystal.**

Cleaning Crystals | Summary

In this chapter we have learned that to clean a crystal you have two basic choices – use water or find a method that doesn't have water's potential to damage a crystal or cluster.

Cleaning a crystal with water can be done by soaking or by placing the crystal in running water.

After either method, the crystal should be dried carefully. We recommend a warm place, but out of the direct sunlight that can fade or damage some crystals.

Cleaning a crystal without water can be done in several ways. You can use a feather, a dust cloth, or a special polishing cloth. Most every crystal can be cleaned this way.



Whichever method you have used, at this point you have a clean crystal.

At least the surface dust, dirt, fingerprints, and oil should be gone. You have the outside of the

crystal done, now for interior cleansing.

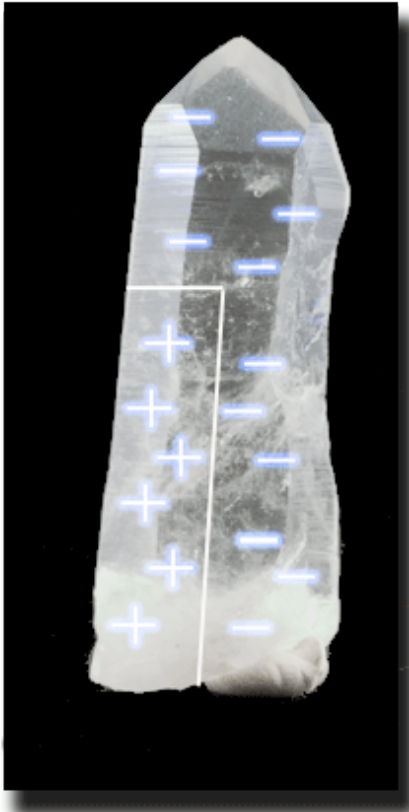
Crystals that are clean on the outside are now ready for Spiritual Cleansing - to rid them of excess negative energy.



A shady spot in the grass is an excellent place to naturally dry off a clean crystal.

STEP 2

SPIRITUAL CLEANSING (CLEARING) | INTRODUCTION



This crystal is out of balance – it has too much negative energy. It needs Spiritual Cleansing to rid it of the excess negative energy.

Simply put, spiritual cleansing, or clearing a crystal, is removing any excess negative energy from the crystal and returning it to its natural energy balance. Crystals absorb energy – both positive and negative. When they have too much negative energy, they need to be cleared, or as we call it, spiritually cleansed.

Spiritual Cleansing | Understanding Negative Energy

Negative energy is the energy that powers destruction, sickness, worry, guilt, depression, ill will, impolite behavior, anti-social behavior, fear, anger, ridicule, hurt, feeling of loss, injury, pain, and all the negative elements of spiritual life and physical life.

Negative energy is a natural part of life... but the unhealthy part. Crystals can absorb that negative energy during use.

We use crystals to absorb and dissipate that energy removing it from our bodies and spirits. The task then is to remove it from the crystal so we can use it again.

Spiritual Cleansing | A Return to Balance

Crystals absorb energy – cosmic Life Force, and channel it for our uses. They also absorb energy from being handled and from their surroundings.

New crystals may well have picked up an excess of negative energy, and need to be cleansed of it and returned to their natural balance.

All crystals have both positive and negative energy. They are part of the natural order. And like us, when out of balance they become less effective and “out of sorts.”

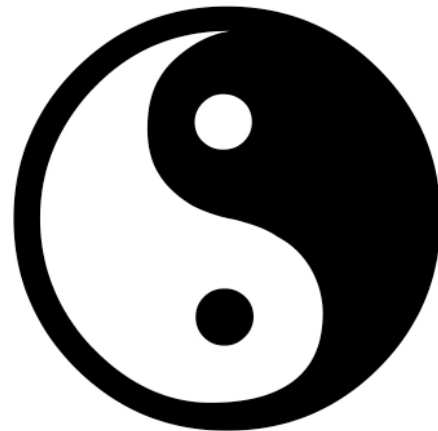
Spiritual cleansing is a “return to balance.”

For example, healing crystals may well absorb significant negative energy when used to rebalance someone’s energy. This will result in the crystal becoming out of balance after use.

Also a crystal can pick up the energy, worries, and negative thoughts of people with which it has come in contact.

Spiritual cleansing returns the crystal to its balanced state using the fundamental elements of fire, water, air and earth. The

process is one of returning to nature’s balance by immersion in the natural world once again.



Spiritual Cleansing | The Four Elements

According to the Empedocles, a Greek philosopher, scientist, and healer who lived in Sicily in the fifth century B.C., all matter is comprised of four elements:

 Air

 Earth

 Fire

 Water

Fire and air are outwardly reaching elements, reaching up and out gathering energy from the Universe.

Earth and water turn inward and downward and gather Life Force from the Planet Earth.

Each of the four ancient elements can be used effectively to spiritually cleanse and rebalance your crystals. There is no single answer, no single way. You are free to use any of these methods. Each has suggested uses based on ancient writings and traditions. Let the crystal and the knowledge you find here guide you - the path will be clear.

Spiritual Cleansing | Using the Element - Air



Air energy is manifested in the wind.

The wind is used to rid a crystal of negative energy that it may have accumulated.

A crystal may have gathered excess negative energy in a healing process.

A crystal might have gathered excess negative energy in being handled by people with negative, destructive thoughts.

A crystal can pick up an excess of negative energy if it is exposed to particularly unpleasant or unhealthy situations.

Keep crystals away from old, unenlightened thoughts or environments that are steeped in ancient evil or those that have been subject to vandalism or destruction.



The wind you need to use to spiritually cleanse a crystal depends on the source of negative energy. For most purposes, the West Wind is used. However the other winds have specific uses.

Using the Air Element | The West Wind

Just so we are clear. The West Wind blows from the west to the east.

This is the gentlest of the winds, Zephyrus.

It is the wind of spring, growth, and renewal. It is Persephone returned. It brings the energy of new blossoms, youth, and rebirth.



The West Wind is the most often used Wind for spiritual cleansing of crystals.

Use the West Wind in the early morning if possible.



It is strongly recommended that the crystal be placed near flowering plants such that the wind flows over the flowers before it reaches the crystal. Rotate the crystal several times.

An hour or so in the West Wind is about right.

Using the Air Element | The North Wind

To be clear – this is the wind that blows from north to south. This wind – known as Boreas in mythology is the wind of winter’s harshness.

The North Wind is rarely used in crystal



cleansing.

Use it if your crystals negative balance seems to be caused by exposure to the heat of strife and discord.

This wind is used at evening time.

Ten to fifteen minutes is plenty.

You do not need to hold the crystal, but do keep it up in the air, away from the Earth.

If possible rotate the crystal a few times.

Using the Air Element | The South Wind

This wind is used to remove negative energy from a crystal that has been abused by a cold, aloof owner, or by an impersonal environment.

Be aware, the South Wind, known as Notus is often considered a dry wind, and often is a destructive force of late summer.



TIP

Use the South Wind with great caution and in closely monitored conditions. **Only a minute or two of strong South wind will ever be needed.**

Using the Air Element | The East Wind

This is Eurus. This wind is not used to remove negative energy; in fact, just the opposite.

There are some cases when a crystal will actually have too little negative energy. If you determine that a crystal has somehow become “too hot”, “too active”, or “too powerful” and needs to cool down and rebalance, then a few minutes in an East Wind can be beneficial.



These are extremely rare conditions, but Eurus is there when needed. Now you might think you need the cool north wind, but that wind removes negative energy that is hot from discord.

The East Wind is used to remove positive energy that is unbalancing a crystal. This often occurs when a crystal is exposed to a highly stimulating but positive environment, such as a celebration.



Always try to keep the crystal well up in the air so the wind can blow freely across the crystal.



Spiritual Cleansing | Using the Element - Earth



Earth is the next ancient element that can be used to cleanse crystals. Earth is cool and dry and tends to make things rigid and structured.

It is a good element to spiritually cleanse a crystal that has been used in astral travel or out-of-body experiences.

There are several proven methods to consider in using the Earth to spiritually cleanse a crystal.

- ① actually burying the crystal in the earth,
- ① using the earth power of special crystals,
- ① using the plant energy of herbs and flowers, and
- ① using the magnetic lines of force of the planet.

Actually each of these seems to work well, and the choice is mostly one of personal preference.

The most common method is actually burying the crystal in the earth.
The earth is the source of a tremendous amount of stored Life Force.

Using the Earth Element | Burying Crystals

Burying directly in the earth is a traditional method of spiritually cleansing a crystal.

It is accomplished in a variety of manners but generally the crystal is wrapped in a natural organic cover like a leaf or bundle of moss and buried in a shallow trench or natural cave. If an area of soft earth, moss,



This crystal is being buried in an area of soft wood shavings, so it does not need to be wrapped. It is oriented with the apex pointing north.

or fallen bark is available, the crystal may not need to be wrapped.

While the times can vary significantly, generally a day and a night are found to be sufficient.

New crystals with an unknown past should be buried for three days and nights.

For best results the crystals should be buried aligned with the poles of the planet. The most common approach is to put the base of the crystal towards the south. See the section on magnetic alignment below.

Using the Earth Element | Tibetan Cleansing Crystals

The earth energy is strong in certain crystals. Tibetan Cleansing Crystals seem to have the special power of absorbing negative energy from other crystals.



These clear quartz crystals grow in the highest place on earth, and seem to be a bridge from Earth energy to Air energy allowing them to be particularly suited to cleansing other crystals.

They are used in two popular methods.

Method one: Using Tibetan Cleansing crystals with pure water. Place several Tibetan Cleansing crystals in a shallow bowl and cover them with pure water. Place a clean natural cloth over them and place the crystal to be cleansed on the cloth.

Leave for 24 hours turning occasionally. Remove the cleansed crystal and discard the water away from your living area, as it will contain negative energy.



In this photo I have removed the cloth so you can see the approach better.

The Cleansing crystals will be noted to grow darker with use. This is normal. **Until they become opaque, they are still useful.** Place them in a special container kept away from other crystals.

Method two: Tibetan Cleansing crystals can be used without water. To do so, place 3 or 5 of them in a triangle or pentacle arrangement laying flat. Place the crystal or crystal cluster directly on the Cleansing crystals. Only a few hours are required.

Using the Earth Element | Plants and Herbs

Plants and herbs are also rich in earth energy and can be used very successfully to spiritually cleanse a crystal. You might have a special flower or herb. Use it when it is fresh and full of the Life Force. It is easy.



Make a bed of the flower or herb and rest the crystal on it.

Just a few hours is all that is needed.

You might find that the flower or herb has

discolored, this is normal. It should be discarded after use. Return it to the earth to be recycled.

Using the Earth Element | Magnetic Lines of Force



The last common way of using Earth energy is to use the magnetic lines on earth. The earth has a natural energy flow from pole to pole.

These magnetic lines of force align the positive and negative energy of the earth and keep the earth in balance.

These powerful energy conduits are extremely helpful in balancing and rebalancing the energy of the life force within a crystal.



To use them, you only need a compass. Place a crystal with the apex pointing to magnetic north. The compass needle and the crystal are then aligned.

In this way the crystal is aligned with the flow of earth's magnetic lines of force. This method is often used in conjunction with other methods, particularly use of burying the crystal within the earth.

Using the Earth Element | Summary

The earth is a rich source of the Universal Life Force. It is an excellent source to use when you need to rebalance a crystal that has an excess of negative energy.

In fact, using the Earth element is highly recommended. Whether you chose to use Tibetan Cleansing Crystals, herbs, plants, the earth itself, or the magnetic lines of force, you will find this element is extremely effective in rapidly ridding a crystal or crystal cluster of excess negative energy.

Feel free to experiment with these different approaches. Each crystal is different. Each situation is also different. Finding the best solution is often a process of trial and error.

Spiritual Cleansing | **Using the Element - Fire**



Fire energy is hot and bright. It is spirit, life, and regeneration. It is stimulating, glowing and excessive.

Fire energy is well suited to quickly rebalancing a crystal that has an excess of negative energy. It will put the glow of the life force back into a dull, tired, and weak crystal.

There are two major methods: Smudging and Using Volcanic Rocks.

Smudging has a long tradition of use by Native Americans in preparing a sacred place or object. Volcanic rocks bring the power of the earth's core of energy to our efforts. Each of these methods is explained below.

Using Fire Element | Smudging



If you have not been introduced to smudging, please keep reading. Mankind has a long association with the spirits of the plant world. We are keenly aware of the many benefits they bring us.

Some plant spirits bless us as they transition from an earthly realm back to the spirit world.

These blessings are excellent for removing the negative energies from crystals and restoring them to natural balance. The use of the fire element allows these spirits to transition, and in that transitional state when the spirit is in the smoke, the blessings can be bestowed on the crystals just as they can be given to a person or place.

The Native Americans have given us the knowledge of the blessings of the Desert Sage, the White Sage, the Cedar, the Sweetgrass, and the Lavender. **While there are many other herbs and plants that are used in smudging, these five have the necessary spirit for cleansing,**

purifying, and in the case of Lavender, bringing the loving essence of the Universal Life Force to a crystal.



Desert Sage (*Artemesia tridentata*) and **White Sage** (*Salvia apiana*). The smoke spirits of the Desert Sage and the White Sage are used to remove negative energy from a crystal. They are the most commonly used smudging sources and are highly recommended for routine cleansing of crystals after use.



Cedar (*Libocedrus descurrens*, *Thuja occidentalis*). Cedars are ancient and wise spirits. Use cedar to smudge every new crystal you obtain. Call on the spirit to dispel the accumulated negative energy and any undesirable spirits from your crystal. For new crystals, make sure you spend several minutes smudging it. Ensure you rotate the crystal as you smudge. It is strongly recommended that you smudge outdoors in a sheltered area where the smoke can carry away any negativity.



Sweetgrass (*Hierochloa odorata*) This sacred plant is not used to remove negative energy. It is only used after Desert Sage or Cedar smudging. It purifies the crystal after the negativity has been removed. It prepares the crystal and purifies voids left by the

departing negative influences and discord. Even if a crystal has been cleansed with another means such as by the wind, smudging with Sweetgrass is highly recommended. Crystals used for meditation and healing should be smudged with either Desert Sage or Cedar, then with Sweetgrass.



Lavender (*Lavandula officinalis*) Lavender like Sweetgrass, is not used to remove negative energy. Rather, it too is used to purify the void left when the negativity is removed. Use Lavender when the crystal is to be used primarily for Feng Shui.

Using Fire Element | Smudging Process



Smudging is done by burning the herbs in an abalone shell and using a feather to blow the smoke where it is desired. Some herbs are available in “sticks” that can be used without the shell, simply held in the hand.

For smudging a crystal, it is best to take the crystal in one hand, light a smudge stick and move the stick around the crystal slowly clockwise (looking down on the crystal.) If you use a shell and feather, put the crystal on a rock or other platform, preferably standing vertically, and either move around the crystal or rotate it occasionally as you wave the smoke towards it from the burning herbs in the shell.



Usually about a minute or two per crystal is all that is needed. And yes, several crystals can be smudged at the same time.

Using Fire Element | Using Lava Rocks and Apache Tears



Lava Rock and Apache Tears contain strong fire energy that can be used to remove negative energy from a crystal. These crystals are born in volcanic fire. To use them, place a number of lava rocks or apache tears in a small dish.

Place the crystal directly on the lava rocks or apache tears and rotate the dish about every hour during a day.

NOTE

Be careful to do all cleansing outside. Don't do these processes in your home. You will just move the negativity from the crystal into your dwelling.

Spiritual Cleansing | Using the Element - Water



Water is emotions, flowing, feelings, mystery and intuition. It is the smooth and the rough. It cleanses, rinses, purifies, and cures. It is the true elixir of life. Water is the ancient and the modern cleansing agent for crystals.

With a few exceptions, using water is the easiest and most dependable way to purify and balance a crystal.

Take a lesson from Feng Shui – use flowing water – it has more Chi, and will assure that the negative energy is swept away from your crystal.

The water that is used should be returned to the earth so that it can dissipate the negative energy through the natural filtration processes of Mother earth.

NOTE

Most crystals need only a minute or two in running water. For new crystals perhaps up to 4 or 5 minutes might be necessary.

And at this point you might be thinking, I used water to clean the exterior of a crystal, so was I actually using water energy to spiritually cleanse it at the same time?

Yes. You will find a number of authors will report that they clean and clear a crystal using water. What they are actually doing is using water energy to cleanse the crystal of negative energy while they are washing off surface impurities.

If you are pressed for time, or have a lot of crystals to cleanse, then combining the two steps and using water energy for both purposes is perfectly acceptable.

But if you have used water to clean a crystal, it is suggested that you use another of the natural elements to spiritually cleanse the crystal to produce a deeper and more effective preparation.

In fact the best approach is to use either the element of Air or that of Fire. Earth and Water are downward focused elements drawing their energy from the earth. Air and Fire are more upward focused and draw their natural energy from the sky and celestial bodies.



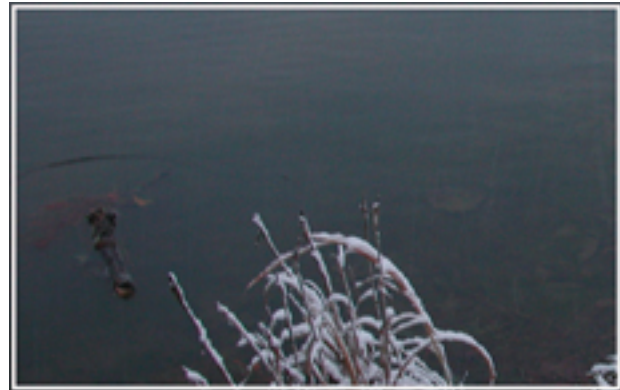
If you have already used a downward focused elemental energy source like Water to wash the crystal, use an upwardly focused elemental energy like Air or Fire to augment that cleaning and assure you rid the crystal of any excess negativity. Always try to keep the crystal well up in the air so the wind can blow freely across the crystal.



As we said earlier, this is a guide. Use this information and your own experience and intuition to determine how to prepare a crystal. Now, in using water energy to spiritually cleanse a crystal you have some choices.

Using the Water Element | **Running Water**

Clear running streams are excellent sources of positive energy that can be very effective in cleansing a crystal of excessive negative energy. It is best to use as pure a stream as possible. Obviously high mountain streams that run from unpolluted areas are best.



Generally small lakes are not used for removing negative energy from crystals. Large lakes with active wave actions however work well. Again, just a few minutes in the current or wave action in a large lake will be very effective.

Using the Water Element | **Well Water**

Surprisingly well water is a fantastic source of water for purifying a crystal. Most well water is very pure and contains strong life force. It is best poured slowly over the crystal for a few minutes. The used water should be returned to the ground to be naturally filtered and rebalanced.

Most bottled water works very well for purifying crystals. One particularly excellent source is called Montagua. It comes untouched from ancient sedimentary formations and is rich in natural energy from ancient waters.

Using the Water Element | Rainwater



Rainwater needs to be carefully used. **Do not use rainwater from the early part of a storm.**

Allow the early rain to remove the pollution and impurities in the air.

Collect rainwater from later in a storm to assure it is a pure and pollution free as possible.

Using the Water Element | Salt Water

Salt water like pure water is an excellent source of positive energy to purify a crystal.

There is no reason to add salt to pure water, but if you have access to the energy of the ocean, using that



energy by placing a crystal in the dynamic energy of the ocean is an outstanding way to quickly rid it of excess negative energy. Take your crystal out into the surf. You will both be refreshed!

Whichever of the different approaches you use, you will find the natural energy of water can be of tremendous help in spiritually cleansing a crystal of excess negative energy, particularly if you want to quickly clean and cleanse a crystal that has been only lightly used.

Using the Water Element | Sacred Water



The world has many sources of sacred water. Every culture has special, holy wells or rivers. Every culture has recognized the purification potential of water.

If you have access to a source of sacred water by all means use it to

spiritually cleanse your crystals of excess negative energy. If you want to make your own, I am sure your spiritual teachings will show you a way.

The techniques for using sacred water vary by culture and tradition. Use yours. If you are seeking a method, we suggest using the sacred water in a shallow bowl with Tibetan Cleansing Crystals in place of the normal water or just as an addition.

Spiritual Cleansing | Summary

When you have successfully cleansed a crystal you will have one that is back in balance.

However, you will have one that is now in need of being charged.

You see while you have successfully removed the excess negative energy from the crystal, you have not charged it back up. It is in balance, but its energy is low.

The next step is to charge the crystal back up with the Universal Life Force.

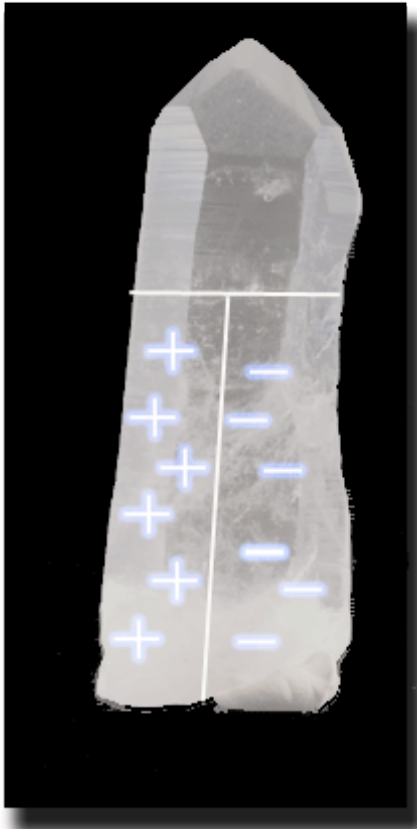
Charging a crystal will bring it up to “full capacity” and assure that the crystal is ready to perform.

In Part 3 the use of the sun in charging crystals will be explained in detail.

On to Part 3...

PART 3

CHARGING CRYSTALS | INTRODUCTION



This crystal is now in balance after being Spiritually Cleansed. It now needs to be charged up with the Universal Life Force.

Crystals are vessels that hold the Universal Life Force. They can absorb, direct and amplify that force. When they are used, they can “use up” some of that force, and need to be charged up again.

Just for a bit of review, the Life Force is pervasive – it exists to some degree everywhere in the universe. However, the force is not homogeneous. There are places where it flows freely; bringing its abundance and life-giving essence.

Imagine, for a moment, a wide open high mountain meadow open to the sun, blessed with flowers and wildlife. Here the Life Force is strong and flows freely bringing the bounty of life as it flows.

But, the Life Force can be blocked, stifled, and stilled. Now imagine the darkness of a barren winter cave devoid of heat, light, and life. Here the life force is weak and stagnate. Life cannot flourish. What is missing? The sun.

The single largest source of the bounty of the Universal Life Force in our part of the Universe is the center of our solar system – the sun. It is the center of our system, and the center of our lives.



No wonder it has been worshiped as a god since time began. And whether you believe it is a god, or that a higher power, God, made the sun, nevertheless, the sun beams the life giving energy we need to live.

How or from whom the sun got such power and energy is the speculation of philosophers, religious teachers, and everyday people. We cannot know.

But what we can know is that, regardless of its source, the sun is our local source of Life Force in our part of the Universe. Without it we would all die.



Now with that, of course, the distant stars are sources of the Universal Life Force also. For they are suns too. Hardworking students of astrology study diligently to understand how their influences affect our lives. However, even they must admit that the effects of our local sun are much more direct.

The stars are suns but so far away that the interstellar distances dissipate their life force as it travels to reach us. If you want to use the stars to charge a crystal, it can be done. You just have to be very, very patient.

Consider that the amount of light they emit that reaches us is a tiny fraction of that of the sun. Likewise the amount of Life Force they transmit is also a tiny fraction of that of the sun.

How much smaller?

Well not to be too scientific here, the amount of light from all the stars combined is well less than 1 / 10 of 1 percent of that of the noonday sun. So if charging a crystal in sunlight took one hour, then doing it in starlight would take at least 1000 hours! Like I said, patience would be required!

So unless you are charging crystals for use in the distant future, you need the rich sources of the Universal Life Force that our sun brings to us.

Fortunately crystals as they come from the ground are rich in the Life Force as they grew for thousands of years near the heat and life energy of the earth's core. But when they move towards the surface and away from that source they slowly lose that richness.

By the time we find them near the surface, many are in need of recharging, having been away from rich life forces for so long.

Of course one way would be to return them to near the earth's core, but today that is still a bit impractical since the path Jules Verne found to the center of the earth has been lost.

Charging Crystals | **Charging in Sunlight**

The process used to charge a crystal is actually quite simple. The key requirement is sunlight. Beyond this requirement you are free to experiment. To charge a crystal, once the negative energy has been removed, and when the positive energy is low, you need to place it in bright sunlight for a period of time, until it has its Universal Life Force replenished.

One question that is often raised is “How long?” Well, not to beg the question or be evasive, but the real answer is “It depends.” Here is some help with that answer.

The time in the sun is about the same as the time of use. So if you use a crystal for an hour, then plan to put it in the sun for an hour to recharge. Of course that begs the question, “what if I don't know how long the crystal has been used?” Well I could , tell you again “it depends” but you are probably tired of that answer already. So here is a better one.



To find the answer we need to look to nature and her cycles. We want to use the natural cycle of the sun as our guide because it is the natural cycle of life (for us on earth, anyway).

The earth, as it circles the sun, brings us the natural cycle of the day. The earth's rotation brings the sun to the same position in the sky once per day (okay, a bit north or south depending on the earth's tilt and the season, but you get the idea). A cycle is one day. So to start lets use that natural cycle.

Now since the sunlight is blocked by the earth at night, we really only have from sunrise to sunset to get the direct life giving rays of the sun and its nurturing life force into our crystal. So, for all but the most distressed crystals, a day in the sun should be sufficient.

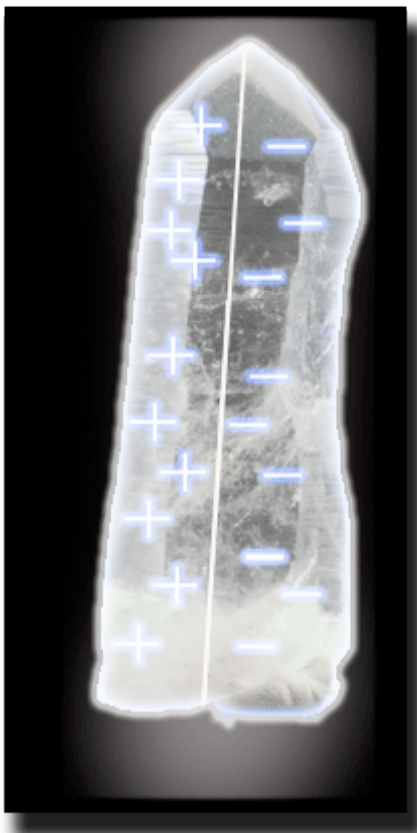
NOTE

A caution – some fragile crystals might be susceptible to cracking or breaking if heated by the sun too much. Also, a few can fade from the direct rays. So to be safe, perhaps we should use bright, but not direct light to protect the crystal.

To do so, find a place in bright , but not direct sunlight. You might use a sunny windowsill, or the shade of a tree. Leave the crystal from sunrise to sunset in the bright light. You might have to move it as the sun moves, just keep it in the sunlight throughout the day.

Once the sun has set, you can check the crystal and ensure it is charged.

How can you tell?



Crystals that are charged with the the Universal Life Force are bright, alive, animated, and energetic. They vibrate with natural energy. They are vibrant and almost glowing.

Usually you will find you can tell by touch and sight. Dull, lifeless cold brooding crystals look and feel lifeless. Charged crystals brim with energy and seem to be miniatures suns – radiating energy and life.

Charging Crystals | Summary

So charge your crystals in bright sunlight. For most routine recharging, an hour or two will be plenty. For serious charging, an entire day will likely be needed.

Now don't inadvertently put your charged crystal in a life essence draining environment. They should be in the same environment you thrive in. They need a happy, loving place free of strife and conflict. They

need a place where the natural energy of the universe flows freely. Keep them in such a place and they will be ready when you need their energy and love.

Now our crystals are clean, spiritually cleansed, and charged with the Universal Life Force. They are getting ready for use. Now we need to awaken them to our presence.

On to Step 4.....

AWAKENING CRYSTALS | INTRODUCTION

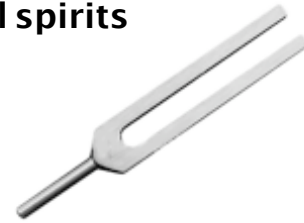


Many crystal users have discovered that each crystal contains a spirit. These spirits are considered to be light beings – beings of pure energy that inhabit and facilitate the energy transfer and focus of the crystal.

It is extremely important to assure that the crystal's spirit is awake and aware of the user.

Even for those that do not believe in a specific spirit inhabiting crystals, it is certainly practical to assure that whatever the essence of the crystal, it is aware of you so that you can interact effectively with the crystal to focus and amplify the Universal Life Force it contains.

In this section we will explore some of the common ways that crystal spirits are awakened to your presence. **Crystal spirits are awakened using sound waves.**



Awakening Crystals | Types of Crystal Spirits

The spirits in crystals are as individual as the crystals themselves.

Some are active and vibrating at high frequencies like boiling water. These spirits seem to mostly inhabit clear, transparent crystals. In particular we have found that the spirits in Herkimer Diamonds are very active and almost effervescent in their energy activity.

NOTE

The spirits in actual diamonds also seem to be operating at a high frequency, but are difficult to contact due to the hardness of the diamond crystal. It is almost as if the spirits within actual diamonds are purposely withdrawing from contact by inhabiting such a hard substance that makes contact so difficult.

However topaz, quartz, and other minerals that form transparent crystals have spirits that are much more accessible. You will find them relatively easy to awaken to your presence. The fact that they have chosen such a crystal seems to indicate they are seeking such contact.



Other minerals have spirits that are more placid. Their environment seems more like a calm pond. These spirits, for the most part seem to inhabit opaque crystals.

If you are seeking to awaken such a spirit it will take a bit more time and patience than awakening a high-energy spirit in a transparent crystal. However the approach is the same

for both types.

Awakening Crystal Spirits | Step-by-Step

Awakening crystal spirits to your presence is an art not a science. But it is an art you can learn. This section explains what you need to know in a few simple steps. Find about 5 minutes. Find a quiet place where you will not be disturbed. Then...

Awakening Step-by-Step | Finding the Awakening Sound

Hold the crystal in your hand or place it where you can see it clearly. Now, really clear your mind and focus on the crystal. Pay attention to the crystal and occasionally close your eyes, but keep your attention focused on it. See the crystal in your mind's eye.

Now, wait for a picture or scene to come to your mind. The scene will have the clues you need.

Do you see action or stillness? Do you see someone singing, a bowl, a musical instrument, a child, or a gong?

You are waiting for an audio clue. You are seeking the sound that will awaken this particular crystal.



Remember, whatever you “see” in your mind’s eye, you need to focus on enough to also “hear” in your mind’s ear. You are trying to decode the scene into a sound. It might take a few minutes. Just concentrate.

Ah there it is, a boy singing, a monk chanting, someone ringing a bell – the sound you need has come to your mind. Good.

With the sound discovered, you are ready for Step 2.

Awakening Step-by-step | **Finding the Sound’s Source**

You need to find a source of that sound. Of course actual sounds work best.

If you see someone singing, then by all means plan to sing to the crystals. If you heard a bell, then find a bell.

Did you see someone chanting? Well, then either practice chanting, or get a recording of someone chanting.



You might hear strange sounds that you can't place exactly. Those will require a bit of thought. The scene will give you clues as to the right sound and the right environment.

If you saw birds in a field singing, you are being given the clue to awaken your crystal out in nature where birds are singing.

If you see a dark area, then the crystal spirit might well be a "night" spirit. Do you see trees, a sea, a playground? Well, the sounds and the place you need are being passed to you. Find those sounds, and find those places.



Assuming you have discovered the right sound, and you now have a source of that sound available, you are ready for step 3.

Awakening Step-by-step | Using the Awakening Sound

To awaken the crystal spirit, find a quiet place and hold the crystal in your hand. Now make

the sound that is needed. If you can make it yourself by all means do so. If not, then a recorded sound will work.

How long?

Usually only a few seconds to a minute or so is needed.

Now, how do you know it worked? Well...

Here is where your empathy comes to be tested. Everyone reports somewhat different sensations. Some people feel a ray of light entering their forehead. Some people report feeling suddenly warm. Some start to hear distant music that seems to be coming closer. Others feel a slight vibration in the crystals. Some people report a presence seems to have materialized in their mind. Listen closely, concentrate on the crystal. Look for the spirit. Feel for the spirit. Pay very careful attention to what you see, hear, smell, and feel.

Here are some helpful hints.



Many crystal spirits, particularly the ones that inhabit clear, transparent crystals seem to awaken to **pure simple tones**.



Small crystal spirits seem to prefer the higher tones, the larger ones seem to prefer the lower tones.



Small crystal spirits like the notes from a tuning fork or bell. Larger ones prefer gongs, drums, and the like.



Opaque crystals have spirits that seem to need more complex sounds like chords played on a guitar or piano.

They respond well to human voices, and even orchestra music. They also respond well to the sound of waves, wind, and storms.

Awakening Crystal Spirits | A Bonding Exercise

If you find that the crystal spirit has been awakened, good for you. You will be pleased to know that the effort needed normally only be accomplished once. It seems that when you have awakened a crystal spirit to your presence, it remembers. Even if you only occasionally use the crystal, normally the spirit will be aware of your presence whenever



you pick it up in the future. The awakening seems to have a bonding element. You might well start to feel this bond after just a few sessions with your crystal. You might find that you become attached to certain crystals. Congratulations. It is quite an accomplishment and will benefit you in many ways in your life.

Welcome the crystal into your life and your home. Listen to the spirit of the crystal. Feel the warmth and acceptance of its greeting and its presence. Now find a good place for the crystal where its spirit will be able to interact with your daily life.

Awakening Crystal Spirits | Sometimes Nothing Happens

Now what if you have done all this, and you get no reaction. The best approach is to start over with the crystal. This time, focus for a bit longer to make sure you have discerned the best sound to use.

Try to refine the vision a bit. If you see a bell or chime, try to hear the tone. If someone is singing, see if you can pick out the melody or words. Take a bit of time to get the best vision you can.

Then repeat this exercise with the new sound. Again, it should take well under a minute to work.

If you still are not successful, it might well mean the spirit of the crystal is not going to resonate with you.

Sometimes there are mismatches. You should consider passing the crystal on to another person with whom it might be more compatible.

Awakening Crystal Spirits | Summary

You now know how to awaken a crystal spirit. Remember, the spirits are different. What will awaken one won't awaken another.

NOTE

Every crystal has a crystal spirit that you must awaken to your presence. You have to find the right sound to accomplish this awakening successfully.

The spirits of transparent crystals for the most part prefer higher pitched sounds.

The spirits of opaque stones prefer the lower pitched sounds.

Awakening a crystal requires 3 steps:



Step 1: Determining the Awakening Sound



Step 2. Finding the Source of the Awakening Sound



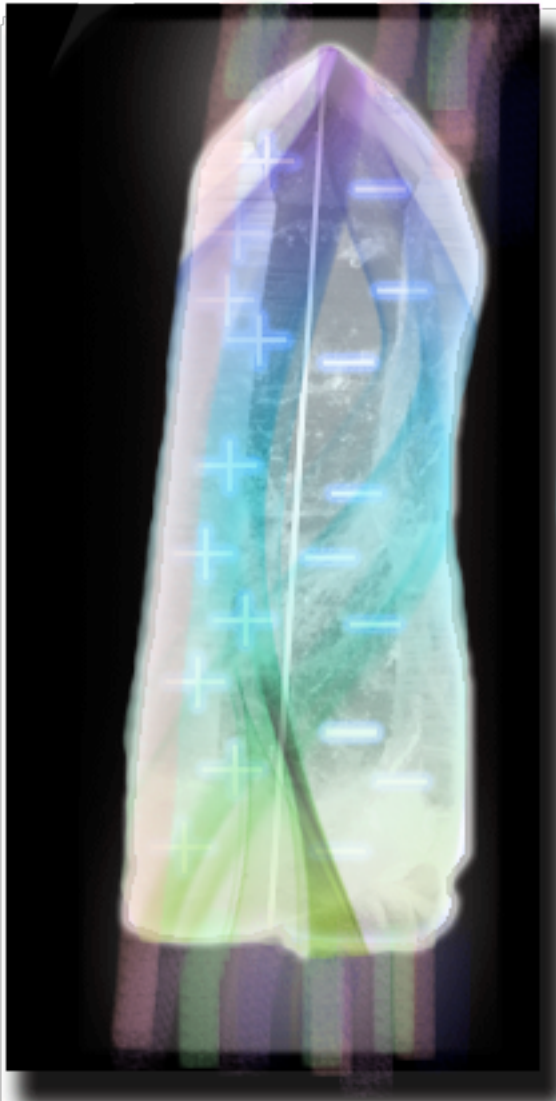
Step 3 Using the Awakening Sound Successfully

Each of these steps is accomplished easily with a bit of practice.

Now your crystals are clean, spiritually cleansed and balanced. They are charged with the Universal Life Force and their spirits are awakened to your presence. It is time to align them with your desires. On to Part 5...

PART 5

FOCUSING A CRYSTAL | ALIGNING, DEDICATING, AND PROGRAMMING



A crystal or stone has to be focused on a clear purpose if it to work for you and with you effectively. Just like you, a crystal works better when it has a clear understanding of what it is trying to accomplish. Like you, it needs a purpose.

The Universal Life Force within the crystal needs to be **aligned, dedicated, or programmed** so the crystal can focus and amplify the Universal Life Force to assist you.

Each crystal is unique. It has a specific crystal energy structure, a color ray, and its fundamental earth power based on its chemical makeup. For more detail visit us at [The Crystal Vaults](https://www.crystalvaults.com) or pick up a copy of “The Seven Secrets of Crystal Talismans” from your favorite

bookseller.

However even with those key attributes, a crystal need to be aligned with your mind and spirit before it can work with you to accomplish anything.

A crystal contains the Universal Life Force and it can amplify that force when combined with the heart and spirit of a human. Aligning, dedication, and programming accomplish the task of focusing the power of the crystal on your personal needs and desires.

Before we go any further, you are likely asking, do “aligning”, “dedicating”, and “programming” all mean the same thing?

Actually they are similar, but have important differences. Here is a quick summary...



ALIGNING: Crystals are aligned to a specific purpose in your mind. If you are going to actively use a crystal for a specific purpose to benefit yourself, you must align the crystal to that purpose by connecting its energy to the power and purpose of your mind. Meditation crystals, amulets, talismans, and divination crystals are aligned.



DEDICATING: Crystals are dedicated when their use will be to honor or aid others. Crystal used in healing and in honoring the divine or light beings are dedicated.



PROGRAMMING: Don't let the idea of impersonal computer programming interfere with your understanding of programming a crystal. It is not an impersonal act. **Crystals are programmed when they will need to function without direct contact** with a human. Crystals used for Feng Shui, garden crystals, and Guardian crystals are programmed.

Each of these will be discussed in detail, but first all are similar in several ways.

Focusing a Crystal | Using the Moon's Energy



The sun and the moon are the two great luminaries in the earth's sky. The sun as we learned is used to charge a crystal. The moon is used to focus a crystal. Whether you are aligning a crystal to your mind's desire, or you are dedicating a crystal to a goddess, or you intend to use a crystal to facilitate the flow of Qi within a home, you need the power of moonlight to focus the crystal.

The moon reflects the light and energy of the sun. It tempers it, moves it to the ultraviolet and gives it a cyclic effect as it wanes and waxes.

The moon is the Yin to the sun's Yang; light in the darkness; and the ruler of tides and affairs of mankind.

The moon shines when the veil between the unseen and the seen is thinnest, when the curtain that separates the natural and supernatural, the boundary between this world and the Otherworld is thinnest. The moon rules the time of melding, dedication, and attunement.

The moon presides over the union of the dark and light, human and crystal, mind and spirit, and hopes and fears.

The communication between your spirit and the crystal spirit is enhanced and facilitated by the cool, calming energy of moonlight.

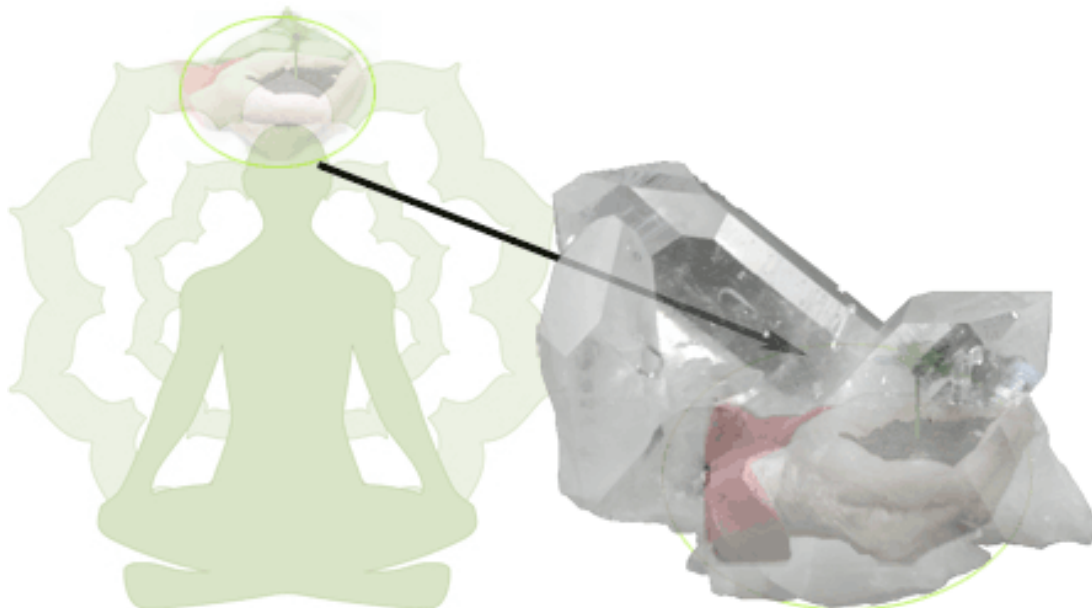
In moonlight the the Universal Life Force is pliable, bendable, varying, and responsive. It flows gently, almost wandering. Crystal spirits are in a more dreamlike and communicative state in moonlight. Speak to them at such a time.



Now there is some debate on which moon cycle is the best. The proponents of the new moon point out its growing energies. Those that advocate the full moon point out that the moon's power is at maximum at this time. From our experience, we suggest that you use a new moon for focusing transparent crystals. They don't seem to need the maximum energy of the full moon. For opaque crystals and stones, the night of the full moon is recommended.

Focusing a Crystal | **Aligning a Crystal**

Crystals that you intend to use in your own life for specific purposes need to be aligned with the specific purpose you intend. If you are going to use a crystal as an amulet, a talisman, a meditation crystal, or in efforts to communicate with the spirit world, you need to align the crystal's energy and power to focus and amplify your own.



If you have a transparent crystal, take it outside on the night of the new moon. If you have an opaque one, take it outside on the night of the full moon. Hold the crystal in your hand. Focus on the crystal and establish a rapport with its spirit. Feel its energy. Now take a moment and think of what you want and why you want it.

For example, you might intend to use a crystal as a protective amulet during an upcoming trip overseas. Focus on your need for safety and your desire to be reunited with your family on your return.

See a mental image of the end result, then beam that desire into the crystal. Try to imaging a laser beam going from the center of your forehead or your third eye, directly to the center of the crystal. See the beam absorbing the moonlight. See the moonlight flowing down thru the beam of light.

Usually only a minute or less is needed. You should receive back some indication that your message is accepted and that the crystal is aligned. For most people there is a sudden feeling of acceptance. Be aware that in alignment, no words are spoken. You are seeking a direct link from the crystal to your mind. It is all thought. Your mind and spirit have to directly connect to the spirit of the crystal.

Focusing a Crystal | Dedicating a Crystal

Dedication is a process of focusing the spirit of a crystal and the energy of its Universal Life Force on a desired result aimed at establishing a communication with the spirit to the benefits of others. That part is important. If you intend to use a crystal for healing the body or spirit of

another person, in prayer, in honoring gods or goddesses, or in efforts to see and understand the distant past or the future of another person, you must dedicate the crystal to the specific task. It bears repeating, crystals are dedicated when they are being used to help others.

Crystals are dedicated in a similar way to aligning. Take the crystal into the the moonlight, holding them in the palm of your hand, and focusing intently on the crystal. You must establish a bond, a connection with the spirit of the crystal. You must see and feel its energy pulsing. When you do, you must tell it exactly what its new purpose is to be. But this is important: you must speak aloud to the crystal. You are not trying to align it to your thoughts, you are trying to dedicate it to the service of others.

For example, you might say, “I dedicate this crystal and its spirit to the glory of Isis.” Or “I call upon the spirit of this crystal to focus and amplify the Universal Life Force to aid my patient to become happy and pain free.” What is important is that you speak clearly, and have a very specific purpose for the crystal to accomplish. The more specific you are, the more the crystal will be able to amplify the Universal Life Force and focus on the exact need.

It is a bit more difficult to determine when a crystal is dedicated. You will not get the feedback like when you are aligning a crystal. The reason is that you are not as connected to the crystal. However, most people report that after a few minutes the crystal seems to be a bit brighter and a bit warmer as if it is infused with the moonlight. Stay focused, you will likely get some feedback in your hand, usually a sense of growing warmth.

Focusing a Crystal | Programming a Crystal

Now programming might have a cold, calculating feel – like programming a computer, but crystals have a crystal energy lattice that can and should be programmed to focus and amplify the Universal Life Force when the crystal will have to operate without human contact. In uses such as facilitating the flow of Qi in a home, balancing energies that are in conflict, guarding possessions or homes, helping gardens be fruitful, or in similar uses, they should be programmed for a specific energy application.

Programming is also done in moonlight. You do not hold the crystal; in fact you should not actually be in contact. You want your mind and your voice to carry specific instructions, and not have emotions crowd out the importance of your specific needs.

Focus on the crystal until you sense attention. Speak clearly your instructions. For example, if you have a crystal that is going to be used in Feng Shui to dampen the harsh Fire Energy of a room you might say: “I ask that the Universal Life Force of this crystal be amplified and focused on balancing the excess Fire energy of this room and that it facilitate the gentle and free flow of positive energy to enrich the lives of all who live here.”

What is interesting is that you will not normally get any response from a programmed crystal at the time. You will have to trust to your success. This is sometimes difficult for people. The question they ask, is “How do I know I have successfully programmed the crystal?” This is an excellent question. Unfortunately the only way to know is to use the crystal for a period of time and try to determine if it is indeed working.

For example, if you have a crystal that you have programmed to dampen harsh Fire Energy in a room, place it there for a few days. Over that time, take note of how the room feels. Is it less energetic? Did it become more soothing to your soul? Do you feel a natural balance in the room? If so, you know you were successful. If you detect no change, then you will need to repeat the programming. If this is the case, by all means use the full moon even for a transparent crystal. Usually a second effort is all that is ever needed.

Focusing a Crystal | Summary

A crystal or stone has to be focused on a clear purpose if it to work for you and with you effectively. Just like you, a crystal works better when it has a clear understanding of what it is trying to accomplish. Like you it needs a purpose.






The Universal Life Force within the crystal needs to be **aligned, dedicated, or programmed so the crystal can focus and amplify the Universal Life Force to assist you.**

Crystals are aligned when you are going to use them yourself. They are dedicated when their purpose is to honor a deity or spirit. And, crystals are programmed when they have to be used when you or someone else is not present. When properly focused, your crystal is completely ready to be used.

SUMMARY | THE STEPS TO SUCCESS

In this guide we have covered the 5 steps to preparing a crystal for use. Each of these 5 steps when accomplished properly will help you assure your crystals are ready, charged, and aligned with your needs.

You will succeed with the help of the Crystal Spirits and you will be confident that you are using the power and energy of the Universal Life Force in your life and love. You can now:

-  Clean a Crystal
-  Spiritually Cleanse a Crystal
-  Charge and Recharge a Crystal
-  Awaken the Spirit of a Crystal
-  Align, Dedicate, and Program a Crystal

Congratulations, You now are ready to get the very most out of each of your crystals.

SUMMARY | A FEW QUESTIONS ANSWERED

A few questions need answers.

Q. Should I awaken crystals before I need to use them?"

Answer: Yes, it is important to do so. If you are unable to establish a relationship with a crystal then waiting until you need it would not be helpful. Better to find out sooner rather than later so the crystal can be moved on in its journey and you can move on in yours.

Q. Should I dedicate, program or align a crystal before I need it to work?

Answer: Again, the answer is yes, but we suggest that just a day or two is best.

Q. Can I dedicate, program or align a crystal for someone else?

Answer: Yes and no. You can dedicate or program a crystal for someone else to use because no direct connection with the user is needed. However, aligning it is something each user must do for themselves because a direct connection to the paired mind is critical.

Q. Can I buy cleaned, cleansed, awakened, and or programmed crystals?

Answer: Well you can buy cleaned ones. But even one that has been spiritually cleansed by a former owner should be cleansed again due to the uncertainty of the environment as it traveled to you. Of course you have to awaken a crystal to your presence. A crystal that has been dedicated to a particularly deity probably is fine as you receive it, but it is prudent to reawaken the crystal to your presence and rededicate it to its purpose. Then you will be sure.

Q. What can I get more answers?

Answer: Drop a note to info@CrystalVaults.com. – Thanks....Hank Mason