

BREATH OF LIFE

ATTUNEMENT

Channeled & Founded By :

HARI ANDRI WINARSO

www.soulunfoldment.com



BREATH OF LIFE ATTUNEMENT

The Breath of Life Attunement helps to open the crown chakra and connect us with our life essence, our Higher Selves. It gives us a feeling of connection with the essential breath, causing a sense of elation and expansion. It has a soft, feminine energy. The Breath of Life Attunement will attune the cells of the body to the essence of your soul, awakening the healing energies within to transform your being out of suppression and distress into health and harmony.

This attunement is also gently empower you to awaken the potential within, allowing you to integrate your spiritual essence into your physical world and manifest:

- Physical regeneration and rejuvenation
- Emotional stability and empowerment
- Mental expansion of conscious awareness
- Spiritual understanding and wisdom

The Breath Of Life Attunement is a self attunement system, the energy integrated and works automatically in our daily meditation and the healing energy integrated in our healing sessions, like as reiki healing session, etc.



SELF ATTUNEMENT PROCEDURE :

1. Sit in a comfort position. relax and take deeply breath.
2. Mentally (To your Higher Self) : *“I ask that I may be receive the Breath Of Life Attunement from the Source perfectly. Thank you !”*
3. Always take deeply breath during this process and to consciously follow your breathing in the many changing circumstances of your life. As you inhale, simply be aware that you are inhaling. As you exhale, simply be aware that you are exhaling.
4. Follow your Guidance, when you have feel enough, this attunement process have done. Open your eyes and smile !

Please share with as many people as possible!

You may distribute this PDF (intact) freely as you see fit.

Copyright Notice

This manual is protected by copyright.

You can share this manual freely provided it is left entirely intact.

You may not independently reprint, republish, or reuse the words in this manual for any reason.

You can give this manual to students that have paid you for an attunement,

but you cannot resell this manually separately.

Please do not rewrite this manual for any reason !

For permission to translate, contact

hari.andri@yahoo.com

Thank you.

Additional Attunements

More attunements are available at

Soul Unfoldment Website,

and if you liked this energy, please consider a small donation:

www.soulunfoldment.com

www.forum.soulunfoldment.com

THANK YOU!